

Spiritual Formation Resources

Bible:

- [Bible Project Videos](#): A great resource to learn the Bible.
- [Get to Know the Bible in One Year](#): A guided Bible reading plan with commentary by Nicky Gumbel, a well respected man and former pastor of Holy Trinity Brompton in London. He developed the Alpha Course, a course that introduces people to Christianity and has had over 24 million participants across the globe.
- [BibleGateway Reading Plans](#): BibleGateway has lots of neat ways to read the Bible. I'm currently reading through the gospels in 40(ish) days. You can download their app and sign up, or go through the website. They'll send you an email or text reminder if you want.
- [The Drama of Scripture](#): This is my go to book for explaining the Bible. Really can't be beat. This is in my top 5 books every Christian should read.
- [Bible For Everyone Commentary by NT Wright](#): NT Wright is the arguably the greatest living bible scholar, and possibly of all time. He has written a commentary series for every book of the New Testament. If you are looking for answers to how to understand a passage in the NT, this is my first recommendation because of the accessibility, clarity and accuracy of interpretation NT Wright offers.

Prayer:

- [Lectio 365](#): A prayer app that incorporates the ancient practice of praying scripture known as Lectio Divina with a posture of reflection and meditation. They recently added an evening prayer modeled after The Examen prayer practiced in the Ignatian Spiritual Exercises
- [Sacred Space](#): A prayer app run by some Irish monks. Beautifully done.
- [Trinity Mission Daily Office](#): The Daily Office read aloud and facilitated by an Anglican priest.
- [How to Pray: A Simple Guide for Normal People](#): A must read for anyone looking to begin or deepen their prayer life.
- [God on Mute: Engaging the Silence of Unanswered Prayer](#): A painfully honest and beautiful journey into the difficulty of unanswered prayer. A must read.
- [How to Hear God: A Simple Guide for Normal People](#): Again, a must read. Pete Grieg can't miss. This is an incredibly helpful book on discerning the voice of God in our lives.

Theology:

- [Christianity for the Everyday Podcast](#)
- [Ask NT Wright Podcast](#)
- [Theology in the Raw Podcast](#)
- **Michael Goheen** has produced a phenomenal deposit of resources available for free at <https://missionworldview.com/>
- [Kirby Laing Centre's YouTube](#): KLC is my go to for helping me think through how the gospel interacts with all of life. Craig Bartholomew is one of the most influential voices in my life.

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- [The Cross of Christ by John Stott](#): A classic that outlines the atonement of Christ beautifully. This is my number one book recommendation that every Christian must read.
- [Gentle and Lowly by Dane Ortlund](#): We read this book as a church early in the revitalization and it really set the tone for our body. A must read for Christians.

Spiritual Disciplines:

- [Practicing the Way](#): John Mark Comer is a former pastor of Bridgetown Church in Portland, OR. He left his job there to develop resources for the Evangelical Church to aid in spiritual formation. We will go through this course together as a church in 2024, but you can always start now.
- [Renovare](#): This resource is the fruit of the work of Dallas Willard and Richard Foster. All the topics of spiritual formation are covered.
- [The Spiritual Exercises](#): St. Ignatius of Loyola developed these practices of prayer, meditation and reflection to deepen the spiritual lives of people living ordinary lives. They typically are utilized during a 30 day retreat, but can be adapted to your life in any way.

Top 5 Books Every Christian Should Read:

1. The Cross of Christ by John Stott
2. The Drama of Scripture by Craig Bartholomew
3. How to Pray: A Simple Guide for Normal People by Pete Grieg
4. God on Mute: Engaging the Silence of Unanswered Prayer by Pete Grieg
5. Gentle & Lowly by Dane Ortlund